



**NATIONAL OPEN UNIVERSITY OF NIGERIA
UNIVERSITY VILLAGE, PLOT 91, CADASTRAL ZONE
NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PUBLIC HEALTH SCIENCE
2025_2 EXAMINATIONS**

COURSE TITLE: INTRODUCTION TO PUBLIC HEALTH AND PRIMARY HEALTH CARE (PHS801)

COURSE UNITS: 2 UNITS

TIME ALLOWED: 1½ HOURS

TOTAL MARKS: 70 %

INSTRUCTION: ANSWER ALL QUESTIONS

Question 1 (25 marks).

Q1a). Define public health, according to Winshow. (2 marks)

Q1b). Mention three objectives of Public Health. (3 marks)

Q1c). List any five functions of the local governments as health care providers. (5marks).

Q1d). Mention the preventive strategies of public health functions. (3 marks)

Q1e). Mention any SIX public health services provided to the public. (3marks)

Q1f). Certain theories explain health behaviour and health behaviour change. Discuss the social learning theory in explaining health behaviour change. (9 marks)

Question 2 (25 marks)

Q2a). Discuss the environmental sources of health problems. (6marks)

Q2b). When considering need assessment, certain problems can be identified in any targeted community. Discuss these problems. (8 marks)

Q2c). Discuss the three main effects of communication (6 marks)

Q2d). Explain any five key principles of the primary health care approach (5 marks).

Question 3 (20 marks).

Q3a). Enumerate five reasons for formulating the targets (5 marks)

Q3b). List any five elements of primary health care . (2½ marks)

Q3c). Outline the five roles of health workers at the state government health facility level (2½ marks)

Q3d). What are the advantages of a referral system (5marks)

Q3e). What are the goals of the National Health Policy? (5 marks)