



**NATIONAL OPEN UNIVERSITY OF NIGERIA**  
**UNIVERSITY VILLAGE, PLOT 91, CADASTRAL ZONE**  
**NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA**  
**FACULTY OF HEALTH SCIENCES**  
**DEPARTMENT OF PUBLIC HEALTH SCIENCE**  
**2025\_2 EXAMINATIONS**

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**COURSE TITLE: COMMUNITY MENTAL HEALTH**  
**COURSE CODE: PHS505**  
**COURSE UNITS: 2 UNIT**  
**TIME ALLOWED: 1 ½ HOURS**  
**TOTAL SCORE: 70 MARKS**  
**INSTRUCTION: ANSWER ALL THE QUESTIONS**

- 1.a. As community health practitioners, list the guidelines for self-protection when dealing with aggressive patients (10 marks)
  
- 1.b. What are the methods of Combating Drug Abuse and Drug Addiction (12 marks)
  
- 2.a. What is the core purpose of rehabilitation for individuals with chronic mental health conditions (13marks)
  
- 2.b. State 5 causes of Symptomatic Epilepsy (10 marks)
  
- 3.a. What are the roles and responsibilities of Community Health Practitioners in managing patients on antipsychotic (psychotropic medication) (20 marks)
  
- 3.b. Define what a therapeutic community is and state its key elements. (10 marks)
  
3. c. List the Classes of Mood Disorders (5 marks)