



**NATIONAL OPEN UNIVERSITY OF NIGERIA  
UNIVERSITY VILLAGE, PLOT 91, CADASTRAL ZONE  
NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA  
FACULTY OF HEALTH SCIENCES  
DEPARTMENT OF PUBLIC HEALTH SCIENCE  
2025\_1 EXAMINATION**

**COURSE TITLE: SCHOOL HEALTH PROGRAMME**

**COURSE CODE: PHS302**

**COURSE UNITS: 2**

**INSTRUCTIONS: ANSWER ALL THE QUESTIONS.**

**TIME ALLOWED: 1 HOUR 30 MINUTES**

1. (a) Discuss the concept and state four objectives of skill-based health education **10 marks**  
(b) Identify **10 characteristics** of skill-based health education **10 marks**  
(c) Fully discuss school health services **10 marks**
2. (a) Define the objectives of school health services **4 marks**  
(b) Mention six major characteristics of school health services **6 marks**  
(c) Identify two objectives and eight characteristics of school, home and community relationships with regards to school health **10 marks**
3. (a) Identify 10 ways by which teachers can maintain good health **10 marks**  
(b) Define the rationale for needs assessment of the school child **4 marks**  
(c) Discuss the guidelines for prioritising the needs assessment **6 marks**