



NATIONAL OPEN UNIVERSITY OF NIGERIA
PLOT 91, CADASTRAL ZONE, NNAMDI AZIKWE EXPRESS WAY, JABI - ABUJA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING SCIENCES
2025_1 EXAMINATION

COURSE CODE: NSC509

COURSE TITLE: GERONTOLOGY NURSING

COURSE UNIT: 3 CREDIT UNITS

TIME ALLOWED: 3 HOURS

TOTAL MARKS: 70 MARKS

INSTRUCTION: ANSWER ALL THE QUESTIONS

1a. Discuss the Roles of the Nurse in the Institutional Care of the Elderly. (10 marks)

1b. Explain the guidelines for Planning meal for Elderly persons. (10marks)

2a. Write note on the following nutritional assessment

(i) Nutritional History

(ii). Physical assessment

(iii). Anthropometric Data

(iv). Body Mass Index (5marks each)

2b). Discuss the Physiological Changes in the Elderly that Affect their medication use. (10marks)

3a. Explain special considerations in medication administration in the Elderly. (10marks)

3b. Discuss the nutritional assessment of the elderly (10marks)