



**NATIONAL OPEN UNIVERSITY OF NIGERIA**  
**PLOT 91, CADASTRAL ZONE, NNAMDI AZIKWE EXPRESS WAY, JABI, ABUJA**  
**FACULTY OF HEALTH SCIENCES**  
**DEPARTMENT OF NURSING SCIENCES**  
**2025\_1 EXAMINATION**

**PROGRAMME: BACHELOR OF NURSING SCIENCE**

**COURSE CODE: NSC503**

**COURSE TITLE: MENTAL HEALTH AND PSYCHIATRIC NURSING III**

**COURSE CREDIT UNITS: 4 UNITS**

**TIME ALLOWED: 2 HOURS**

**TOTAL SCORE: 70 MARKS**

**INSTRUCTION: ANSWER ALL THE QUESTIONS**

**Question 1**

1 (a). Define crisis. (2 marks)  
(b). Describe the following types of crises:  
i. Situational Crisis  
ii. Maturational Crisis  
iii. Social Crisis (3 marks each)  
(c). Describe how an individual in a state of crisis will feel (4 marks)  
(d). Healthy resolution of a crisis depends majorly upon three factors, Discuss. (5 marks)

**Question 2**

Write on the following drugs using the sub-heading below:

i.Action  
ii.Indication  
iii.Dosage  
iv. Side effects  
a). Haloperidol (Haldol)  
b). Biperiden (Akineton)  
c) .Sertraline (Zoloft)  
d). Carbamazepine (Tegretol)  
e). Chlordiazepoxide (Librium) (20 marks)

**Question 3**

3(a). Briefly explain the term Alcoholism (2 marks)  
(b). The pathway to alcoholism takes place in stages. Describe the stages (8 marks)

(c). Highlight three (3) criteria for alcohol abuse (3 marks)  
(d). State seven (7) factors that contribute to the development of alcoholism (7 marks)

**Question 4**

4. Explain the levels of mental illness prevention in a community. (10 marks)