



NATIONAL OPEN UNIVERSITY OF NIGERIA
PLOT 91, CADASTRAL ZONE, NNAMDI AZIKWE EXPRESS WAY, JABI, ABUJA,
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING SCIENCES
2025_2 EXAMINATIONS

PROGRAMME: BACHELOR OF NURSING SCIENCE
COURSE CODE: NSC412
COURSE TITLE: MENTAL HEALTH AND PSYCHIATRIC NURSING II
COURSE CREDIT UNITS: 3 UNITS
TIME ALLOWED: 2 HOURS
TOTAL SCORE: 70 MARKS
INSTRUCTION: ANSWER ALL THE QUESTIONS

Question 1

- 1 (a). Define psychiatric emergencies (2 marks).
- (b). List eight (8) common psychiatric emergencies (4 marks).
- (c). State ten (10) factors that can trigger psychiatric emergencies (5 marks)
- (d) Discuss the Nursing management of a patient with severe depression. (6 marks)
- (e) State six (6) means of preventing psychiatric emergencies (3 marks)

Question 2

2. Write notes on the following:
- (a) Juvenile Delinquency
 - (b). Tic Disorder
 - (c). Non-organic enuresis
 - (d). Non-organic encopresis (5 marks each)

Question 3

3. Schizophrenia is a chronic and severe mental disorder that affects a person's thinking, feelings and behaviour.
- (a). Highlight six (6) possible causes of schizophrenia (6 marks)
 - (b) State six (6) differences between catatonic and paranoid schizophrenia (6 marks)
 - (c) Discuss the Medical and Nursing management of schizophrenia (8 marks)

Question 4

4. It is natural for an individual to be anxious when preparing for an examination. However, this can be exaggerated and thus become pathological.
- a. Define Phobia (1 mark).
 - b. Identify and describe four (4) types of Phobia (4 marks.)
 - c. Discuss the Medical and Nursing Management of a patient experiencing Phobia. (5marks).