



**NATIONAL OPEN UNIVERSITY OF NIGERIA**  
**PLOT 91, CADASTRAL ZONE, NNAMDI AZIKWE EXPRESS WAY, JABI, ABUJA,**  
**FACULTY OF HEALTH SCIENCES**  
**DEPARTMENT OF NURSING SCIENCES**  
**2025\_2 EXAMINATIONS**

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**PROGRAMME: BACHELOR OF NURSING SCIENCE**

**COURSE CODE: NSC303**

**COURSE TITLE: CONCEPTS AND STRATEGIES IN PUBLIC COMMUNITY HEALTH**

**COURSE CREDIT UNITS: 2 UNITS**

**TIME ALLOWED: 1 HOUR 30 MINUTES**

**TOTAL SCORE: 70 MARKS**

**INSTRUCTION: ANSWER ALL THE QUESTIONS**

**Question 1**

1. The World Health Organization categorises health into the physical, mental and social dimensions.
  - a. Write concise notes on the following dimensions of health (9 marks);
    - i. Physical dimension
    - ii. Mental dimension
    - iii. Social dimension
  - b. List and briefly discuss any five (5) determinants of health (15 marks)
  - c. Differentiate between personal health and community/public health activities (6 marks)

**Question 2**

2. A theory/model is a representation of a system that specifies its components and relationships among the variables. Discuss the following theories of disease causation of ancient views to 19<sup>th</sup> century (5 marks each);
  - a. Demonic theory
  - b. Punitive theory
  - c. Humoral theory
  - d. Contagion theory
  - e. Personal behaviour theory

**Question 3**

3. Primary health care is widely seen as a strategy to achieve health for all.
  - a. Discuss the concept of primary health highlighting the key historical antecedents and milestones. (5 marks)
  - b. List and discuss any two (2) principles of primary health care (5 marks each)