



**NATIONAL OPEN UNIVERSITY OF NIGERIA**  
**PLOT 91, CADASTRAL ZONE, NNAMDI AZIKWE EXPRESS WAY, JABI, ABUJA,**  
**FCT**  
**FACULTY OF HEALTH SCIENCES**  
**DEPARTMENT OF NURSING SCIENCES**  
**2025\_1 EXAMINATION**

**PROGRAMME: BACHELOR OF NURSING SCIENCE**

**COURSE CODE: NSC 301**

**COURSE TITLE: HUMAN BEHAVIOUR IN HEALTH AND ILLNESS**

**COURSE CREDIT UNITS: 2 UNITS**

**TIME ALLOWED: 1 ½ HOURS**

**TOTAL SCORE: 70 MARKS**

**Instruction: Answer All the Questions**

**Q1. Illness can be classified as acute or chronic**

|   |            |
|---|------------|
| a. Differentiate between acute and chronic illness                    | (5 marks)  |
| b. Explain five sociodemographic factors affecting health and illness | (15 marks) |

**Q2.**

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|--|------------|
| a. Describe five (5) dimensions of health behavior | (10 marks) |
| b. Give a brief account of the Health Belief Model | (10 marks) |

**Q3. Health behavior is a broad term that includes health behavior and illness behavior so we cannot conceptualize illness behavior without having a broad view of health behavior.**

|  |            |
|--|------------|
| a. Define illness behavior                         | (2 marks)  |
| b. State five (5) variations of illness behavior   | (10 marks) |
| c. Mention five (5) key stages of illness behavior | (10 marks) |
| d. Describe four (4) importance of symptoms        | (8 marks)  |