



NATIONAL OPEN UNIVERSITY OF NIGERIA
PLOT 91, CADASTRAL ZONE, NNAMDI AZIKWE EXPRESS WAY, JABI, ABUJA,
FCT
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING SCIENCES
2025_1 EXAMINATION...

PROGRAMME: BACHELOR OF NURSING SCIENCE
COURSE CODE: NSC 301
COURSE TITLE: HUMAN BEHAVIOUR IN HEALTH AND ILLNESS
COURSE CREDIT UNITS: 2 UNITS
TIME ALLOWED: 1 ½ HOURS
TOTAL SCORE: 70 MARKS

Instruction: Answer All the Questions

Q1. Illness can be classified as acute or chronic

- a. Differentiate between acute and chronic illness (5 marks)
- b. Explain five sociodemographic factors affecting health and illness (15 marks)

Q2.

- a. Describe five (5) dimensions of health behavior (10 marks)
- b. Give a brief account of the Health Belief Model (10 marks)

Q3. Health behavior is a broad term that includes health behavior and illness behavior so we cannot conceptualize illness behavior without having a broad view of health behavior.

- a. Define illness behavior (2 marks)
- b. State five (5) variations of illness behavior (10 marks)
- c. Mention five (5) key stages of illness behavior (10 marks)
- d. Describe four (4) importance of symptoms (8 marks)