



**NATIONAL OPEN UNIVERSITY OF NIGERIA**

Plot 91, Cadastral Zone, University Village,  
Nnamdi Azikiwe Expressway, Jabi, Abuja

**FACULTY OF EDUCATION**

**DEPARTMENT OF HUMAN KINETICS & HEALTH EDUCATION**

**2025\_1 EXAMINATION**

**COURSE CODE: KHE 335**

**COURSE TITLE: MOTOR LEARNING AND HUMAN PERFORMANCE**

**UNITS: 2C**

**TIME: 2HRS**

**INSTRUCTION: Answer question one (1) & any other two (2) questions from the options provided.**

1. a. Identify ten (10) defining attributes of skill and skill performance from a psychological perspective.  
b. What is priming?  
c. Highlight the major theories of motor control.
2. a. Discuss the term reciprocity.  
b. Write short explanatory note on the Skin and state it's function.
3. a. Discuss the types of motivation.  
b. Identify two types of emotions with three (3) examples each.
4. a. Observable changes in motor behaviour are the results of the interaction between biological and environmental factors. Outline five (5) of such biological factors.  
b. Briefly discuss the factors affecting motor development.