



NATIONAL OPEN UNIVERSITY OF NIGERIA
Plot 91, Cadastral Zone, University Village,
Nnamdi Azikiwe Expressway, Jabi, Abuja
Faculty of Education
Department of Human Kinetics & Health Education
2025_2 EXAMINATIONS

COURSE CODE: KHE 335

COURSE TITLE: MOTOR LEARNING AND HUMAN PERFORMANCE

UNITS: 2C

TIME: 2HRS

INSTRUCTION: Answer question one (1) & any other two (2) questions from the options provided.

- 1 a. Define the following terms: Motor, Motor learning, Motor control.
b. State three (3) concepts which play key role in skill behaviour theory.
c. Discuss the role of sensory information in motor control.
- 2 a. Briefly explain the role of gender in developing motor skill
b. Discuss the impact of culture on the rate and level of motor skills development.
- 3 a. Discuss what happens when children grow and learn.
b. Write short explanatory note on “Individual Difference”.
- 4 a. Discuss the knee-jack reflex.
b. What is the importance of the knee-jack reflex?