



NATIONAL OPEN UNIVERSITY OF NIGERIA
Plot 91, Cadastral Zone, University Village,
Nnamdi Azikiwe Expressway, Jabi, Abuja
FACULTY OF EDUCATION
DEPARTMENT OF HUMAN KINETICS & HEALTH EDUCATION
2025_2 EXAMINATIONS

COURSE CODE: KHE 302

COURSE TITLE: OFFICIATING IN SPORTS AND GAMES

COURSE UNITS: 2C

TIME: 2 HOURS

Instruction: Answer Question ONE and any other Two Questions

1. a. Provide a detailed explanation of ten (10) qualities that make a good officiating official. (20 Marks)
- b. Explain the following starting positions in track events:
 - i. Standing start
 - ii. Bunch/Bullet start
 - iii. Medium start
 - iv. Elongated start (10 Marks)
2. Describe four (4) competitive events for women in artistic gymnastics. (20 Marks)
3. Comprehensively explain five (5) essential skills in volleyball. (20 Marks)
4. Explain the following terms related to the game of cricket:
 - i. Bowled
 - ii. Leg Before Wicket (LBW)
 - iii. Run out
 - iv. Time out
 - v. Hit the ball twice (20 Marks)