



NATIONAL OPEN UNIVERSITY OF NIGERIA

University Village, Plot 91, Cadastral Zone,
Nnamdi Azikiwe Express Way, Jabi, Abuja

Faculty Of Education

Department Of Human Kinetics

2025_1 EXAMINATION

Course Code: HED 438

Course Title: Ageing and Death Education

Credit Unit: 2

Time Allowed: 2 HOURS

INSTRUCTION: Answer question one (1) which is compulsory and any other two options provided

1. (a) Examine the concept of life expectancy. (10 Marks)
- (b) Identify and explain the different types and forms of aging. (10 Marks)
- (c) Analyze the relationship between body organs and physiological processes during aging. (10 Marks)

2. (a) Outline the categories of old age and describe the five (5) stages of aging. (20 Marks)

3. (a) Discuss the significance of healthy aging. (10 Marks)
- (b) Provide five (5) counseling tips for a person nearing the end of life. (10 Marks)

4. (a) Discuss the importance of including death education in school curricula. (10 Marks)
- (b) Briefly describe the three (3) primary types of death. (10 Marks)