



NATIONAL OPEN UNIVERSITY OF NIGERIA
Plot 91, Cadastral Zone, University Village,
Nnamdi Azikiwe Expressway, Jabi, Abuja
Faculty of Education
Department of Human Kinetics & Health Education
2025_1 EXAMINATION...

Course Code: HED 315

Course Title: EMERGENCY CARE AND FIRST AID

UNITS: 2c

Time: 2hrs

INSTRUCTION: Answer question one (1) & any other two (2) questions from the options provided.

1. a. What is industrial accident?
b. Discuss three (3) causes of industrial accident.
c. Enumerate five (5) ways of preventing industrial accidents.
2. a. Identify ten (10) water safety rules.
b. Critically examine five (5) ways through which sports injuries can be prevented.
3. a. Discuss five (5) principles of first aid.
b. Briefly explain how to carryout cardiopulmonary resuscitation
4. a. In tabular form, state 10 contents of a first-aid box and give two (2) uses of each content.
b. Discuss the three (3) major causative factors of accidents.