



NATIONAL OPEN UNIVERSITY OF NIGERIA
UNIVERSITY VILLAGE, PLOT 91, CADASTRAL ZONE, NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA
FACULTY OF EDUCATION
2025_1 EXAMINATION

Programme: Guidance and Counselling

Court Title: Group Dynamics and Processes in Counselling

Course Code: EGC 813

Credit Unit: 2

Time Allowed: 2 Hours

Instruction: Answer question one (1: COMPULSORY) and any other two (2) questions: (Five Questions to answer Three)

Question 1

- (a) Describe five (5) essential skills needed for effective group leadership. 10 marks
- (b) Briefly explain Five (5) characteristics of group counselling. 10 marks
- (c) State five (5) roles and responsibilities of group members? (10 marks)
(30marks in all)

Question 2

- (a) Explain in details (5) disadvantages of group counselling. 10 marks
- (b) Identify 5 types of counselling group. 10 marks
(20 marks in all)

Question 3

- (a) Discuss 5 practical issues leaders should consider in organizing a group? 10 marks
- (b) Distinguish between Open and Closed group of membership. Give reasons for a choice of one. 10 marks
(20 marks in all)

Question 4

- (a) Outline five (5) characteristics of effective group leaders (10 marks)
- (b) Explain five (5) major functions of group theory (10 marks)
(20 marks in all)

QUESTION 5

- (a) Outline five (5) stages of group counselling process. (5 marks)
- (b) Explain in five (5) sentences, what group counselling is. (15 marks)
(20 marks in all)