



NATIONAL OPEN UNIVERSITY OF NIGERIA
UNIVERSITY VILLAGE, PLOT 91, CADASTRAL ZONE, NNAMDI AZIKIWE EXPRESS WAY,
JABI, ABUJA
FACULTY OF EDUCATION
2025_2 EXAMINATIONS

Programme: Guidance and Counselling

Course Title: Group Dynamics and Processes in Counselling

Course Code: EGC 813

Credit Unit: 2

Time Allowed: 2 Hours

Instruction: Answer question one (1: COMPULSORY) and any other two (2) questions: (Five questions to answer Three)

Question 1

- (a) Explain in your own words the difference between guidance and counselling. (10 marks)
- (b) Identify the difference between group guidance and group counselling (15 marks)
- (c) What do you understand by the concept of 'group dynamics'? (5 marks)
(30 marks in all)

Question 2

- (a) Explain the major functions of group theory. (10marks)
- (b) Discuss the place of theory in group counselling. (10marks)
(20 marks in all)

Question 3

- (a)** Explain any five (5) therapeutic factors that enhance the chances of a group going beyond the stage of cohesiveness into the stage of productivity. (10marks)
- (b)** Briefly describe any two (2) different leadership styles. (10marks)
(20 marks in all)

Question 4

- (a) Discuss the considerable areas of commonalities between individual and group counselling approaches. (10 marks)
- (b) In a tabular form, differentiate between individual and group counselling approaches. (10 marks)
(20 marks in all)

QUESTION5

- (a) Explain the stages of group counselling process. (10 marks)
- (b) Explain any five (5) features of a typical group. (10 marks)
(20 marks in all)