



**NATIONAL OPEN UNIVERSITY OF NIGERIA**  
Plot 91, Cadastral Zone, Nnamdi Azikwe Express Way, Jabi- Abuja

**Faculty of Education**

**2025\_2 EXAMINATIONS**

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**PROGRAMME: M. ED**  
**COURSE TITLE: PRINCIPLES OF INTERPERSONAL RELATIONSHIP**  
**COURSE CODE: EGC811**  
**CREDIT UNITS: 2**  
**TIME ALLOWED: 2 HOURS**  
**INSTRUCTIONS: ANSWER QUESTION ONE (1) AND ANY OTHER TWO (2).**

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**QUESTION 1:**

- (a) Identify and briefly explain the five (5) phases of psychological adaptation of the experience of dying. (15mks)
- (b) A renowned researcher in interpersonal relationship has proposed an interpersonal relationship model called heterosexual adult romantic relationship which is mostly applied to other kinds of interpersonal development of relationship that follows different stages. Briefly discuss these five (5) stages. (15mks)

**QUESTION 2:**

- (a) As a student counsellor, Discuss the three (3) different types of complications involved in the process of forming a successful relationship. (15mks)
- (b) Enumerate any five (5) building and maintaining friendship approach skills (5mks)

**QUESTION 3**

- (a) Enumerate and explain five (5) guidelines for a healthy relationship among valuable group like our parents. (15mks)
- (b) State any five (5) barriers to effective communication. (5mks)

**QUESTION 4:**

- (a) Explain the concept of culture. (4mks)
- (b) Explain the various possible ways to improve organisational interpersonal relationship in the ministry of communication. 16mks.

**QUESTION 5:**

- (a) State any four(4) principles underlying the social skills training(SST) which emphasise the importance of setting clear expectations with specific instructions (10mks)
- (b) Explain the following terms in relation to relational dialectics.
  - (i) Openness and Closeness (3mks)
  - (ii) Certainty and Uncertainty (3mks)
  - (iii) Connectedness and Separateness (4mks)