



National Open University of Nigeria  
Plot 91 Cadastral Zone, Nnamdi Azikiwe Express Way  
Jabi, Abuja  
Faculty of Education  
2025\_2 EXAMINATIONS

---

**Programme:** B.Ed

**Course Code:** EDU 421

**Course Title:** Fundamentals of Guidance and Counselling

**Credit Unit:** 2

**Time Allowed: 2 Hours**

**Instruction:** Answer question one and any other two questions

**Question 1**

- (a). Discuss five (5) obstacles to the effective implementation of school guidance programmes in secondary schools in Nigeria. (15 marks).
- (b). Discuss five (5) guidance services of the guidance programme that are provided in secondary schools in Nigeria. (15 marks).

**Question 2**

- (a). Describe the concept of “career information”. (5 marks).
- (b). Briefly explain five (5) strategies a school counsellor can use to disseminate career information to students in secondary schools. (15 marks).

**Question 3**

- (a). Explain the concept of eclectic approach in counselling. (5 marks).
- (b). Write short notes each of the following:
- i. Vocational guidance (5 marks).
  - ii. Educational guidance (5 marks).
  - iii. Persona-social guidance and counselling (5 marks).

**Question 4**

Trace the history and development of guidance and counselling, highlighting its introduction into Nigeria. (20 marks).

**Question 5**

Justify the importance of including parents in the guidance programmes of Nigerian secondary schools. (20 marks).