



**NATIONAL OPEN UNIVERSITY OF NIGERIA**  
**FACULTY OF EDUCATION**  
**EDUCATIONAL FOUNDATIONS**  
**2025\_2 EXAMINATIONS**

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**COURSE CODE: ECE 421**  
**COURSE TITLE: HEALTH AND FAMILY LIFE EDUCATION**  
**CREDIT UNIT: 2**  
**TIME ALLOWED: 2 HOURS**  
**INSTRUCTIONS: ANSWER QUESTION 1 AND ANY OTHER TWO (2) QUESTIONS**

1. (a) Explain the nature of the Family (10 Marks)  
(b) Describe the Family System (20 Marks)
- 2 (a) Mention the five types of family (10 Marks)  
(b) Explain the five types of the family mentioned above (10 Marks)
3. (a) Explain five widowhood practices (10 marks)  
(b) Discuss five women's roles in the community (10 Marks).
- 4 (a) Describe the meaning of the Health Belief Model (10 Marks)  
(b) Identify and explain four constructs that represent the perceived threat and net benefit of health behavior towards a health problem (10 Marks)
5. Describe the tenets of the family system theory (20 marks)