



**FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PUBLIC HEALTH SCIENCES
NATIONAL OPEN UNIVERSITY OF NIGERIA
2024_2 EXAMINATION**

**PROGRAMME: MSc. PUBLIC HEALTH
COURSE CODE: PHS839
COURSE TITLE: PSYCHOLOGICAL FOUNDATION
CREDIT UNITS: 2 CREDITS
TIME ALLOWED: 2 HOURS
ATTEMPT ALL QUESTIONS
SCORE = 70 MARKS**

1.
 - a. As a Psychologist, describe your role of treatment at a health care center (6 Marks)
 - b. Describe the processes involved in Changing Unhealthy Behaviors (6 Marks)
 - c. Discuss anxiety and its general management (14 Marks)
2.
 - a. Compare contemplation and preparation in behavioral change (10 Marks)
 - b. Briefly, relate culture to disease (6 Marks)
 - c. Discuss Panic disorder (6 Marks)
3.
 - a. Outline the Specific Attributes of the Sick Role (4 Marks)
 - b. Describe the limitations of Social Cognitive Theory (6 Marks)
 - c. Briefly discuss the roles psychologists in healthcare centers (12 Marks)