



**NATIONAL OPEN UNIVERSITY OF NIGERIA**

**Plot 91, Cadastral Zone, Nnamdi Azikwe Express Way, Jabi, Abuja, FCT**

**Faculty of Health Sciences**

**Department of Nursing Sciences**

**2024\_2 EXAMINATION**

**Programme: Bachelor of Nursing Science**

**Course Code: NSC509**

**Course Title: Gerontological Nursing**

**Course Credit Units: 3 Units**

**Time Allowed: 2 Hours**

**Total Score: 70 Marks**

**Instruction: Answer All the Questions**

- 1) a. List eight (8) risk factors for fall in the elderly (4 Marks)  
b. Assess strategies that could be used as health promotion of sleep in elderly (4 Marks)  
c. Discuss age related changes that affect the skin of the elderly and their health implication. (12 Marks)
- 2) a. Analyse nursing consideration for the following medications for the elderly  
i. Ambodipline Besylate (Norvasc) (2 Marks)  
ii. Captopril (3 Marks)  
iii. Digoxin (7 Marks)  
b. Identify meal time challenges in the elderly (2 Marks)  
c. Evaluate the method in estimating nutritional requirement of the elderly (6 Marks)
- 3) a. Relate the role of a nurse in the care of the elderly (10 Marks)
- 4) a. Appraise ethical issues involved in the care of the elderly (5 Marks)  
b. Examine the three (3) objectives and recommendations by the United Nation that could help in family care of the elderly (5 Marks)
- 5) a. Differentiate the effects of aging on sexual functions of the elderly men and women. (5 Marks)  
b. Assess the effects of aging on the Endocrine system (5 Marks)