



NATIONAL OPEN UNIVERSITY OF NIGERIA

Plot 91, Cadastral Zone, Nnamdi Azikwe Express Way, Jabi, Abuja, FCT

Faculty of Health Sciences

Department of Nursing Sciences

2024_2 EXAMINATION

Programme: Bachelor of Nursing Science

Course Code: NSC503

Course Title: Mental Health and Psychiatric Nursing III

Course Credit Units: 4 Units

Time Allowed: 2 Hours

Total Score: 70 Marks

Instruction: Answer All the Questions

Question 1

- (a). Define crisis. (2 marks)
- (b) Explain four (4) phases of crisis according to Caplan (1964) (6 marks)
- (c) How does someone become “crisis prone?” according to Hendricks (1985) (5 marks)
- (d). Describe your role as a nurse in crisis intervention (7 marks)

Question 2

2(a). Describe the following adverse effects of antipsychotic drugs:

- i. Parkinsonian effects
 - ii. Acute dystonia
 - iii. Akathisia
 - iv. Tardive dyskinesia
 - v. Neuroleptic malignant syndrome (3 marks each)
- (b). Describe your nursing responsibilities for a patient receiving antipsychotics (5 marks)

Question 3

3. The current advocate in mental health care practice is to shift from hospital - based care to Community based care.

- (a). What is Community Mental Health ? (2 marks)
- (b). State eight (8) objectives of Community Mental Health Care. (8 marks)
- (c). Describe ten (10) attributes of a Community Mental Health/Psychiatric Nurse. (10 marks)

Question 4

- 4(a). What is psychosurgery? (2 marks)
- (b). List four (4) indications for the procedure (2 marks)
- (c). Explain your Nursing roles before and after a patient undergoing psycho-surgery (6 marks)