



NATIONAL OPEN UNIVERSITY OF NIGERIA
UNIVERSITY VILLAGE, PLOT 91, CADASTRAL ZONE, NNAMDI
AZIKIWE EXPRESS WAY, JABI, ABUJA
FACULTY OF EDUCATION
DEPARTMENT OF HUMAN KINETICS
2024_2 EXAMINATION

Course Title: AGEING AND DEATH EDUCATION

Course Code: HED 438

Credit Unit: 2

Time Allowed: 2 HOURS

INSTRUCTION: Answer question one (1) which is compulsory and any other two options provided

- 1a. Describe the programmed theories of ageing and death.
- 1b. Explain the Damage or Error Theory
- 1c. Discuss the stages of death.

- 2a. Explain the physical signs that show that a person is about dying.
- 2b. Discuss the Global Report on the major causes of death

- 3a. Explain problems of loneliness and how to manage it.
- 3b. What are the signs of premature ageing and describe any five (5) of them.

- 4a. Explain the mental, physical and social health problems associated with ageing.
- 4b. How will you be able to communicate effectively with the aged?