



NATIONAL OPEN UNIVERSITY OF NIGERIA
Plot 91, Cadastral Zone, University Village,
Nnamdi Azikiwe Expressway, Jabi, Abuja
Faculty of Education
Department of Human Kinetics & Health Education
2024_2 EXAMINATION

Course Code: HED 315

Course Title: EMERGENCY CARE AND FIRST AID

UNITS: 2c

Time: 2 hours

INSTRUCTION: Answer question one (1) & any other two (2) questions from the options provided.

1.
 - a. Differentiate between the responsibilities of employers of labour and that of a first aider.
 - b. Enumerate ten (10) characteristics of a first aider.
 - c. Explain five (5) good qualities of a first aider.
2.
 - a. Discuss five (5) types of wounds.
 - b. Differentiate between the following terms:
 - i. Stiffness of muscles
 - ii. Strains
 - iii. Sprains
 - iv. Dislocation
3.
 - a. Identify four (4) life threatening conditions that require emergency treatment.
 - b. Explain how an obstructed airway can be cleared.
4.
 - a. Identify five (5) reasons why discussion of accidents in every setting is important.
 - b. Discuss the causes, types and three (3) ways of preventing home accidents.