



**NATIONAL OPEN UNIVERSITY OF NIGERIA**  
**Plot 91, Cadastral Zone, Nnamdi Azikiwe Express Way, Jabi-Abuja.**  
**Faculty of Education**  
**2024\_2 EXAMINATION**

**PROGRAMME: M. ED**

**COURSE CODE: EGC 815**

**COURSE TITLE: Sex, Family and Marital Counselling**

**CREDIT UNITS: 2**

**TIME ALLOWED: 2 HOURS**

**INSTRUCTION: ANSWER QUESTION 1 AND ANY OTHER 2**

**NOTE: QUESTION 1 CARRIES 30 MARKS, WHILE THE OTHERS CARRY 20 MARKS EACH.**

- 1a. Differentiate between normality and abnormality in psychology 6 marks
- 1b. Discuss any four areas of coverage of abnormal psychology 12 marks
- 1c. Describe, in detail, any four justifications for the study of abnormal psychology 12 marks
  
- 2a. Briefly discuss the viewpoint of Anna Freud on the role of ego in Personality development. 5 marks
- 2b. The newer psychodynamic perspectives of abnormality deviate from Sigmund Freud's viewpoint. In light of this statement, examine the following new perspectives of psychodynamics:
  - i. Object relation
  - ii. The interpersonal perspectives
  - iii. Attachment theory 15 marks
- 3a. Describe any four (4) causes of mental retardation. 12 marks
- 3b. Suggest two (2) preventive measures for mental retardation. 8 marks
  
- 4a. Examine Beck's Cognitive Theory of Depression. 8 marks
- 4b. Discuss three (3) major causes of Bipolar disorder. 12 marks