PROGRAMME: M. ED
COURSE CODE: EGC 812
COURSE TITLE: BEHAVIOUR MODIFICATION
CREDIT UNITS: 2
TIME ALLOWED: 2 HOURS
INSTRUCTION: ANSWER QUESTION 1 AND ANY OTHER 2
NOTE: QUESTION 1 CARRIES 30 MARKS, WHILE THE OTHERS CARRY 20
MARKS EACH.

1. Discuss the following counselling terminologies:
    i.   Behaviour therapy. 5 marks
    ii.   Psychotherapy . 5 marks
    iii.   Behaviour management. 5 marks
 b. Identify and explain five (5) processes involved in building behaviour capabilities. 15 marks

2. What is the role of reinforcement in modifying behaviour? 10 marks
b. How does reinforcement relate to superstitious behaviour? 10 marks

3. Distinguish between positive reinforcement, negative reinforcement and punishment. 10 marks
b. According to Skinner, how effective is each technique in modifying behaviour? 10 marks

4. Describe the token economy approach to behaviour modification. 10 marks
    b. What are the techniques for self-control of behaviour? 10 marks