



NATIONAL OPEN UNIVERSITY OF NIGERIA
Plot 91, Cadastral Zone, Nnamdi Azikwe Express Way, Jabi, Abuja, FCT
Faculty of Health Sciences
Department of Nursing Sciences
2024 1 EXAMINATION-

Programme: Bachelor of Nursing Science

Course Code: NSC503

Course Title: Mental Health and Psychiatric Nursing III

Course Credit Units: 4 Units

Time Allowed: 2 Hours

Total Score: 70 Marks

Instruction: Answer All the Questions

Question 1

- 1(a). What is Grief? (2 marks)
- (b). Explain five (5) stages of Grieving (10 marks)
- (c). Highlight any four factors influencing the Grief process (4 marks)
- (d). Briefly explain Maladaptive Grief Responses (4 marks)

Question 2

- 1(a). What is psychotherapy? (2 marks)
- (b) Discuss the following psychological therapies:
- i. Psychoanalytic therapy
- ii. Behavioural therapy
- iii. Cognitive therapy (4 marks each)
- (c). Describe the Roles of the Nurse in Psychological therapies. (6 marks)

Question 3

- 3(a). Enumerate four (4) classes with examples of antidepressant. (4 marks)
- (b). List four (4) indications of lithium administration (2 marks)
- (c). List eight (8) Signs and symptoms of lithium toxicity (4 marks)
- (d). Explain your nursing responsibilities on the following:
- i. A patient with Lithium Toxicity
- ii. A Patient receiving Antidepressants (5 marks each)

Question 4

4. Prevention is better than cure. Explain levels of prevention in the community (10 marks)