



NATIONAL OPEN UNIVERSITY OF NIGERIA
Plot 91, Cadastral Zone, Nnamdi Azikwe Express Way, Jabi, Abuja, FCT
Faculty of Health Sciences
Department of Nursing Sciences
2024 I EXAMINATION

Programme: Bachelor of Nursing Science
Course Code: NSC501
Course Title: Advanced Public-community Health Nursing 11
Course Credit Units: 3 Units
Time Allowed: 2 Hours
Total Score: 70 Marks
Instruction: Answer All the Questions

Question 1

The elderly are faced with numerous challenges related to aging

- a. Discuss the age-related changes affecting the skin of the elderly (8marks)
- b. Discuss health promotion on skin care (12 marks)
- c. Describe the age-related changes that affect thermoregulation in elderly (5 marks)

Question 2

Adolescence is a critical period in the life of an individual with the intent of achieving independence and freedom from parents and family.

- a. Describe the physical characteristics of puberty (10mks)
- b. Discuss the psychosocial and emotional development of an adolescent (10mks)
- c. Highlight the health education you will give an adolescent to help him/her navigate this critical period smoothly. (5mks)

Question 3

Write short notes on the following

- a. Barrier methods of contraception
- b. Common health problems of a neonate
- c. Nutritional challenges of the aged
- d. Impaired cognitive function of the elderly (5mks each)