



NATIONAL OPEN UNIVERSITY OF NIGERIA
Plot 91, Cadastral Zone, Nnamdi Azikiwe Express Way, Jabi, Abuja, FCT
Faculty of Health Sciences
Department of Nursing Sciences
2024 1 EXAMINATION

Programme: Bachelor of Nursing Science
Course Code: NSC309
Course Title – Maternal and Child Health Nursing I
Course Credit Units: 3
Time Allowed: 2 Hours
Total Score: 70%
Instruction: Answer All the Questions

Question 1

The Nursing and Midwifery Council of Nigerian is the body that regulates the standards of nursing and Midwifery Education and Practice in Nigeria.

- a. State ten (10) main functions of this regulatory body **(10 marks)**
- b. i. Outline the specific roles of the International Confederation of Midwives (ICM) **(5 marks)**
ii. State the composition of the Board of Nursing and Midwifery Council of Nigeria **(5 marks)**

Question 2

- a. With the aid of a well labelled diagram, describe the external structures of the fetal skull **(10 marks)**
- b. i. State the different diameters of the fetal skull **(4 marks)**
ii. Explain the importance of the fetal skull in midwifery practice **(6 marks)**

Question 3

- a. i. Describe the various techniques employed by midwives for assessing maternal status during labour and childbirth **(9 marks)**
ii. What are the signs of true labour? **(6 marks)**
- b. i. As a midwife, what psychological methods will you employ to relief labour pain? **(2 marks)**
ii. Define episiotomy and list the indications for episiotomy **(5 marks)**
iii. What are the benefits of family planning to:
▪ The mother **(2 marks)**
▪ The baby **(2 marks)**
▪ The family **(2 marks)**
- iv. State four (4) common side effects of combined pills **(2 marks)**