



NATIONAL OPEN UNIVERSITY OF NIGERIA
Plot 91, Cadastral Zone, University Village,
Nnamdi Azikiwe Expressway, Jabi, Abuja
Faculty of Education
Department of Human Kinetics & Health Education
2024 1 EXAMINATION

COURSE CODE: HED322

COURSE TITLE: **Drug Education**

COURSE UNITS: 2C

TIME: 2HOURS

INSTRUCTION: Answer question one (1) and any other two.

1. a. Discuss the benefits and negative effects of caffeine on athlete performance (15mks).
 b. Describe the potential solutions John suggested for addressing the issues with smoking (15mks)
2. Using examples, discuss any five (5) negative effects of drugs on academic performance (20mks).
3. a. Describe any three (3) signs and symptoms of drug abuse (10mks).
 b. Describe the signs of physical deterioration associated with drug abuse (10mks).
4. a. Discuss the possible ways of rehabilitating an alcoholic (10mks)
 b. Outline how to prevent drug abuse to briefly include the preventive programmes. (10mks)