



NATIONAL OPEN UNIVERSITY OF NIGERIA
91 Cadastral Zone, Nnamdi Azikiwe Expressway, Jabi, Abuja
DEPARTMENT OF EDUCATIONAL FOUNDATION
Faculty of Education
2024 1 EXAMINATION.

COURSE CODE: EGC 812

COURSE TITLE: BEHAVIOUR MODIFICATION

TIME: ALLOWED: 2 HOURS

CREDIT UNIT: 2

INSTRUCTION: ANSWER QUESTION 1 AND ANY OTHER TWO QUESTIONS.

QUESTION 1

- a. List and explain five (5) therapeutic approaches in treating maladaptive behaviour. **15 marks**
- b. Explain the use of electroconvulsive therapy. **5 marks**
- c. Examine the importance of psychosurgery. **10 marks**

Question 2

Discuss the concepts of the following therapies:

- a. Behaviour therapy. **5 marks**
- b. Systematic desensitization. **5 marks**
- c. Implosive therapy. **5 marks**
- d. Aversion therapy. **5 marks**

Question 3

- a. Discuss the processes in rational emotive therapy. **10 marks**
- b. Differentiate between operant conditioning and token economy. **10 marks**

Question 4

1. Explain the central issues in client-centered therapy. **10 marks**
2. Explain the role of gestalt therapy in the treatment of maladaptive behaviour. **10 marks**