



**FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PUBLIC HEALTH SCIENCES
NATIONAL OPEN UNIVERSITY OF NIGERIA
2023_2 EXAMINATIONS_**

**PROGRAMME: MSc. PUBLIC HEALTH
COURSE CODE: PHS839
COURSE TITLE: PSYCHOLOGICAL FOUNDATION
CREDIT UNITS: 2 CREDITS
TIME ALLOWED: 2 HOURS
ATTEMPT ALL QUESTIONS
SCORE = 70 MARKS**

1.
 - a. Briefly describe the Behaviour Change Communication (4 Marks)
 - b. With relevant examples, relate the aetiology of illnesses with behavior (6 Marks)
 - c. Relate Psychologists to health care (14 Marks)
2.
 - a. Briefly describe the influence of both biological and environmental factors in determining behavior. (6 Marks)
 - b. Relate Action and Maintenance as a cause of difficulty in behavioral change (8 Marks)
 - c. Discuss the processes of behavioral change (10 Marks)
3.
 - a. Outline the general management of anxiety (3 Marks)
 - b. Briefly describe the Biopsychosocial model of health and illness (9 Marks)
 - c. Discuss any four roles of psychologists in healthcare, hospitals and other health centers (10 Marks)