

  
NATIONAL OPEN UNIVERSITY OF NIGERIA  
UNIVERSITY VILLAGE, NNAMDI AZIKWE EXPRESS WAY, JABE, ABUJA  
FACULTY OF HEALTH SCIENCES  
DEPARTMENT OF NURSING SCIENCES  
2023, 2 EXAMINATIONS

PROGRAMME: BACHELOR OF NURSING SCIENCE (BNSc)  
COURSE CODE: NSC 501  
COURSE TITLE – Public-Community Health Nursing IV  
CREDIT UNITS: 3  
TIME ALLOWED: 2 HOURS  
TOTAL MARKS: 70%  
INSTRUCTION: ANSWER ALL QUESTIONS

1. Mrs Ale, a 25 year old primigravida walked to your antenatal clinic for booking. An increased interest in health awareness is to be created.
  - a. Enumerate five (5) aims of antenatal care (5mks)
  - b. State the important points to note during:
    - i. Social history
    - ii. Obstetric history
    - iii. Surgical history
    - iv. Family history(2mks each; Total=8mks)
  - c. Describe the general health advice that should be given to Mrs Ale during pregnancy (12mks)
  
2. Miss Jenny, a 12-year old ISS 2 student reports at the school clinic with the following complaints: pain at the lower abdomen and vaginal bleeding which she is experiencing for the first time. As the School Health Nurse, you are expected to allay her fears and educate her on this situation. (2mks)
  - a. What is the term used to describe Miss Jenny's situation?
  - b. With the aid of a well labelled diagram, describe menstrual cycle. (2mks)

Diagram	-	1mk	}	(Total= 10mks)
Labeling	-	3mks		
Description	-	6mks		
  - c. Mention four (4) menstrual disorders and briefly outline their management (10mks)
  - d. Briefly counsel Miss Jenny on how to maintain good health and personal hygiene during her subsequent monthly cycles (3mks)
  
3. Mrs Ayo, a 28-year-old multipara reported at the family planning clinic for the first time. After counselling she chose the oral contraceptive method.
  - a. Define counselling in family planning (2mks)
  - b. Explain the technique used in counselling (3mks)
  - c. List ten (10) advantages of family planning (5mks)
  - d. List six (6) absolute contra-indication for taking "Pill" (3mks)
  - e. Educate Mrs Ayo on how to use the pill (7mks)