

**UNIVERSITY VILLAGE, NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA**  
**FACULTY OF HEALTH SCIENCES**  
**DEPARTMENT OF NURSING SCIENCES**  
**2023\_2 EXAMINATIONS\_**

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**PROGRAMME: BACHELOR OF NURSING SCIENCE (BNSc.)**  
**COURSE CODE: NSC314**  
**COURSE TITLE – MENTAL HEALTH AND PSYCHIATRIC NURSING I**  
**CREDIT UNITS: 3**  
**TIME ALLOWED: 3 HOURS 30 MINUTES**  
**TOTAL MARKS: 70%**  
**INSTRUCTION: ANSWER ALL THE QUESTIONS**

**Question 1**

- 1a. Briefly discuss any five (5) models used to explain the causes of mental illness. **10mks**
- 1b. What do these terms mean in the discussion of aetiologic factors of mental illness?
- i. Predisposing cause
  - ii. Precipitating cause
  - iii. A reinforcing or perpetuating cause (2mk each) **6mks**
- 1c. Highlight the four important functions of mental hygiene **4mks**

**Question 2**

- 2a. There are eight factors according to Rice and Hein (1954) for maintaining positive health. Briefly describe any six of these factors. **12mks**
- 2b. Identify the roles individuals and government should play to improving positive mental health in Nigeria **8mks**

**Question 3**

- 3a. Discuss the changes that have affected the role of mental health-psychiatric nurse over time. **6mks**
- 3b. The roles of the psychiatric nurse have been described as 3R's. Describe the 3R's as understood from the perspective of psycho-behaviour. **6mks**
- 3c. Describe various ways by which the above (3Rs's) can be demonstrated by the nurse. **8mks**

**Question 4**

- Briefly explain the five major or cardinal symptoms of mental illness. **10mks**