

**NATIONAL OPEN UNIVERSITY OF NIGERIA**  
**UNIVERSITY VILLAGE, NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA**  
**FACULTY OF HEALTH SCIENCES**  
**DEPARTMENT OF NURSING SCIENCES**  
**2023 2 EXAMINATIONS—**

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**PROGRAMME: BACHELOR OF NURSING SCIENCE (BNSc.)**  
**COURSE CODE: NSC301**  
**COURSE TITLE – HUMAN BEHAVIOUR IN HEALTH AND ILLNESS**  
**CREDIT UNITS: 2**  
**TIME ALLOWED: 2 HOURS**  
**TOTAL MARKS: 70%**  
**INSTRUCTION: ANSWER ALL THE QUESTIONS**

**Question 1**

The term behaviour generally refers to the actions or reactions of a person or animal or plant in response to external or internal stimuli.

- (a) Discuss three principles of human behaviour **9 marks**  
(b) Briefly explain the common perspectives of illness **9 marks**  
(c) Describe the following terms  
  - Illness
  - Disease **6 marks**
- (d) Enumerate the components of illness dynamics under the three major categories **6 marks**

**Question 2**

Human behaviour has observable demonstration of skills and characteristics as well as definitive expression of such characteristics.

- (a) Describe ten (10) Features of Human Behaviour **15 marks**  
(b) Describe the following concepts:  
  - i. Transmission of Disease
  - ii. Social Significance of Disease **(2.5 marks each)**

**Question 3**

The perspectives of an individual about their health can be grouped into **Holistic, positive and negative dimensions.**

- (a) Explain each of these perspectives **6 marks**  
(b) Identify at least **one (1)** advantage and **one (1)** disadvantages of each of these perspectives of health. **6 marks**  
(c) Define Acute and chronic illnesses **2 marks**  
(d) Enumerate six (6) types each of chronic and acute illnesses **6 marks**