## DEPARTMENT OF HUMAN KINETICS AND HEALTH EDUCATION, FACULTY OF EDUCATION, NATIONAL OPEN UNIVERSITY OF NIGERIA, ABUJA 2023 2 EXAMINATIONS...

HED322: DRUGS EDUCATION

COURSE UNIT: 2 DURATION: 2 HRS

INSTRUCTIONS: Answer Question 1 and any other two question

- Q1. a) Soldiers and musicians play vital roles in drugs abuse in Nigeria, discuss this point with relevance examples
  - b) Explain the following terms;
    - i. Drug addiction
    - ii. Drug dependence
    - iii. Drug abuse
    - iv. Drug tolerance
    - v. Poly-drug
- Q2. List and explain any five (5) psycho-social problems associated with drugs in Nigeria
- Q3. a) Discuss the three (3) major causes of alcohol in your community
  - b) Differentiate between Narcotics and Sedatives drugs
- Q4. a) Critically, discuss on the effects of cigarette smoking
  - b) What is Emphysema?
- Q5. Briefly explain the followings;
  - a) Effects of drugs to central nervous system (CNS)
  - b) Chronic Obstructive Pulmonary Disease (COPD)
  - c) Effects of alcohol on cardiovascular system
  - d) Chronic Bronchitis