



**NATIONAL OPEN UNIVERSITY OF NIGERIA
UNIVERSITY VILLAGE, PLOT 91, CADASTRAL ZONE
NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PUBLIC HEALTH SCIENCE
2023_1 POP EXAMINATION**

COURSE TITLE: COMMUNITY MENTAL HEALTH

COURSE CODE: PHS505

COURSE UNITS: 3 UNITS

TIME ALLOWED: 2HOURS

TOTAL MARKS: 70%

INSTRUCTION: ANSWER ALL THE QUESTIONS

Question 1 20marks

You were invited to deliver a public health awareness lecture on schizophrenia as an important mental health disorder in your community.

- Highlight 4 epidemiological information (on the distribution of the disease) that could help to emphasize its public health importance? **(8 marks)**
- State four major ways in which this form of psychiatric disorder can present or manifest? **(4marks)**
- Mention four psychological therapies and three psychosocial rehabilitative approaches that could be employed in managing the disease. **(8marks)**

Question 2 20 marks

A 70-year-old woman was diagnosed of a treatable stage 1 dementia in your locality. The family members were worried about the possible causes of the disease and what they can do to assist the patient.

- Mention four etiological factors that would come into your mind and give an example of each? **(8 marks)**
- State 4 signs that should be expected based on this diagnosis. **(4 marks)**
- With the aid of a suitable example for each answer given, recommend 4 major activities they could employ to support the patient? **(8 marks)**

Question 3 15 marks

- Differentiate between drug misuse and drug abuse? State 3 ways in which drugs could be misused? **(5 marks)**
- When can one be said to be drug dependent? Mention any 4 types of drugs that could lead to drug dependence. **(4marks)**
- (c) Discuss tools that could be deployed in the fight against drug abuse?**(6 marks)**

Question 4 15 marks

- Explain a what you understand by a therapeutic community? **(1mark)**
- State 4 elements of a therapeutic community? **(4marks)**
- Highlight 5 ways in which a therapeutic community could help in the management of psychiatry disorders? **(10 marks)**