



**NATIONAL OPEN UNIVERSITY OF NIGERIA  
UNIVERSITY VILLAGE, PLOT91, CADASTRAL ZONE  
NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA  
FACULTY OF HEALTH SCIENCES  
DEPARTMENT OF PUBLIC HEALTH SCIENCE  
2023\_1 POP EXAMINATION**

**COURSE TITLE: REPRODUCTIVE AND ADOLESCENT HEALTH**

**COURSE CODE: PHS401**

**COURSE UNITS: 3 UNITS**

**TIME ALLOWED: 2 HOURS**

**TOTAL MARKS: 70%**

**INSTRUCTION: ANSWER ALL THE QUESTIONS**

**QUESTION 1      20marks**

- (1a) Oral Contraceptives are otherwise known as Pills. Briefly evaluate the adverse effects of Pills      **10marks**
- (b) Under certain conditions , the women should be given pills with cautions. List the five conditions under which they should be cautiously given such.      **5marks.**
- ( c ) Briefly explain how a woman should complement with missing one pill.      **5marks**

**QUESTION 2      15 marks**

- (a) Briefly explain the word ' Counselling''      **5marks**
- (b)Enumerate ten qualities of a desired Counsellor      **10marks.**

**QUESTION 3      20 marks**

- (a)Discuss the technical procedures that should be followed in Insertion and Removal of IUD.      **10marks**
- (b)IUD is effective ,convenient and relatively safe. Itemise five reasons why it should not be a choice      **5marks.**
- ( c ) List five reasons sexual and reproductive health needs for man are often unmet.      **5marks**

**QUESTION 4      15 marks**

- (a) Vasectomy has a very low failure rate. In the context of this fact, describe male sterilization as one of the methods of family planning      **10marks**
- (b) How would you advice or counsel a couple, who wants to choose sterilization as method of family planning      **5marks**