



**NATIONAL OPEN UNIVERSITY OF NIGERIA**  
**UNIVERSITY VILLAGE, NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA**  
**FACULTY OF HEALTH SCIENCES**  
**DEPARTMENT OF NURSING SCIENCES**  
**2023\_1 POP EXAMINATION**

**PROGRAMME: BACHELOR OF NURSING SCIENCE (BNSc)**

**COURSE CODE: NSC 503**

**COURSE TITLE: ADVANCED MENTAL HEALTH/PSYCHIATRIC NURSING**

**CREDIT UNITS: 4**

**TIME ALLOWED: 3 HOURS**

**TOTAL MARKS: 70%**

**INSTRUCTION: ANSWER ALL QUESTIONS**

**Question 1**

- a) Define crisis (1mk)
- b) Discuss the four (4) phases of crisis (6mks)
- c) Discuss the five (5) stages of grief (10mks)
- d) Enumerate three (3) effects of drug abuse (3mks)

**Question 2**

- a) Define the following terms
  - i. Alcoholism (2mks)
  - ii. Tolerance (2mks)
  - iii. Withdrawal (2mks)
- b) Discuss briefly the four (4) types of alcoholism (8mks)
- c) Explain factors contributing to alcoholism (6mks)

**Question 3**

- a) Outline six (6) attributes of a Community Mental Health/Psychiatric Nurse (3mks)
- b) Discuss the essence of law in psychiatry (10mks)
- c) State four goals of Community Mental Health Nursing (6mks)
- d) Mention six Community Mental Health Nursing Process (6mks)
- e) Enumerate five nurse's responsibilities for a patient receiving antidepressants (5mks)