



NATIONAL OPEN UNIVERSITY OF NIGERIA
UNIVERSITY VILLAGE, NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING SCIENCES
2023_1 POP EXAMINATION

PROGRAMME: BACHELOR OF NURSING SCIENCE (BNSc.)
COURSE CODE: NSC 309
COURSE TITLE: MATERNAL & CHILD HEALTH NURSING 1
CREDIT UNITS: 6
TIME ALLOWED: 2 HOURS 30 MINUTES
TOTAL MARKS: 70%
INSTRUCTION: ANSWER ALL THE QUESTIONS

Question 1

- a. With the aid of a large well labelled diagram describe the ovary
- | | | | |
|-------------|---|--------|-------------|
| Diagram | - | (2mks) | |
| Labeling | - | (2mks) | Total= 9mks |
| Description | - | (5mks) | |
- b. Describe the process of fertilization (4mks)
- c. List the causes of infertility in the:
- Male
 - Female (4mks each)
- d. Explain the outcomes of ectopic pregnancy (4mks)

Question 2

To minimize the risk of maternal trauma and a safe delivery of the baby, episiotomy is given to the woman.

- Describe episiotomy? (2mks)
- Enumerate six (6) indications for episiotomy (6mks)
- Describe the four (4) types of episiotomies (12mks)
- Mention five (5) advantages of giving episiotomy (5mks)

Question 3

Every year, half a million women die of problems from pregnancy, childbirth, and unsafe abortion. Most of these deaths could be prevented by family planning.

- Explain the concept of family planning? (5mks)
- What are the benefits of family planning? (5mks)
- Discuss the common side effects of and warning signs for problems with combined pills (10mks)