



National Open University of Nigeria
Plot 91 Cadastral Zone, Nnamdi Azikiwe Express Way
Jabi, Abuja

Faculty of Education
2023_1 POP EXAMINATION²³¹

Programme: M.Ed Guidance and Counselling

Course Code: EGC815

Course Title: Sex and Family Life

Time Allowed: 2 Hours

Instruction: Answer Question 1 and any other two questions.

- 1a. Differentiate between the terms "Sex and Sexuality"
- b. Explain the Factors that affect/Control sexual motivation
- c. How do you prepare parents before you counsel their children? (30 marks)

- 2a. Describe Health Problems Related to sexual anatomy
- b. What are the strategies for counselling children with (20 marks)

- 3a. Define the concept "Family"
- b. What are the functions of the various types of families. (20 marks)

4. Discuss in detail, five theories of family counselling and list two techniques under each theory. (20 marks)