



NATIONAL OPEN UNIVERSITY OF NIGERIA
UNIVERSITY VILLAGE, NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING SCIENCES
2022_2 EXAMINATION

PROGRAMME: BACHELOR OF NURSING SCIENCE (BNSc.)

COURSE CODE: NSC309

COURSE TITLE: MATERNAL & CHILD HEALTH NURSING 1

CREDIT UNITS: 6

TIME ALLOWED: 2 HOURS 30 MINUTES

TOTAL MARKS: 70%

INSTRUCTION: ANSWER ALL THE QUESTIONS

Question 1

Mrs. Effiong Gravida 1 Para 0 has been in labour for the past 11 hours. On vaginal examination, the cervical os is fully dilated, the head is crowned and the perineum distended.

- a. With the aid of a well labeled diagram, describe the pelvic floor muscles.
Diagram (2mks)
Labeling (3mks)
Description (5mks) (Total= 10mks)
- b. Mention six muscles that may be damaged in a third degree tear (3mks)
- c. As a midwife, how would you prevent these muscles from damaging? (12mks)

Question 2

Mrs. Zubby 22-year undergraduate reports to your centre with history of amenorrhoea of 8weeks duration. She claims not to have experienced such delay before since her menstrual cycle has always been regular.

- a. Mention six (6) causes of amenorrhoea. (3mks)
- b. What steps would you as a midwife employ to confirm pregnancy? (4mks)
- c. Outline six (6) benefits of Ante-natal visits to Ada. (6mks)
- d. Briefly describe eight (8) minor disorders you will likely educate her on (12mks)

Question 3

The skillful management of normal delivery is based on a good knowledge of mechanism of labour.

- a. Describe the mechanism of labour of Left Occipito-anterior position (LOA) with vertex presentation. (10mks)
- b. Mention three (3) Principles that are common to all mechanisms. (3mks)
- c. What are the premonitory signs of labour? (7mks)

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