

NSC511

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1. The nurse is developing a plan of care for the client scheduled for cataract surgery. Which of the following is an appropriate nursing diagnosis in the plan of care?

Self-care deficit

--->> Imbalanced nutrition

Disturbed sensory perception

Anxiety

2. The nurse is developing a teaching plan for the client with glaucoma. Which of the following instructions would the nurse include in the plan of care?

Decrease fluid intake to control the intraocular pressure

Avoid overuse of the eyes

Decrease the amount of salt in the diet

--->> Eye medications will need to be administered lifelong

3. Tonometry is performed on the client with a suspected diagnosis of glaucoma. The nurse analyses the test results as documented in the client's chart and understands that normal intraocular pressure is

2-7 mmHg

--->> 10-21 mmHg

22-30 mmHg

31-35 mmHg

4. When developing a teaching session on glaucoma for the community, which of the following statements would the nurse stress?

Glaucoma is easily corrected with eyeglasses

--->> Glaucoma can be painless and vision may be lost before the person is aware of a problem

Yearly screening for people ages 20-40 years is recommended

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5. The client with glaucoma asks the nurse whether his complete vision will return. The most appropriate response is

--->> Although some vision has been lost and cannot be restored, further loss may be prevented by adhering to the treatment plan.

Your vision will return as soon as the medications begin to work.

Your vision will never return to normal

Your vision loss is temporary and will return in about 3-4 weeks

6. During the early postoperative period, the client who had a cataract extraction complains of nausea and severe eye pain over the operative site. The initial nursing action is to:

--->> Call the physician

Administer the ordered main medication and antiemetic

Reassure the client that this is normal

Turn the client on his or her operative side

7. The nurse is caring for a client with a diagnosis of detached retina. Which assessment sign would indicate that bleeding has occurred as a result of the retinal detachment?

--->> Complaints of a burst of black spots or floaters

A sudden sharp pain in the eye

Total loss of vision

A reddened conjunctiva

8. Which of the following instruments is used to record intraocular pressure?

Goniometer

Ophthalmoscope

--->> Tonometer

Slit lamp

9. Which of the following procedures or assessments must the nurse perform when

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Clipping the client's eyelashes

Verifying the affected eye has been patched 24 hours before surgery

--->> Verifying the client has been NPO since midnight, or at least 8 hours before surgery

Obtaining informed consent with the client's signature and placing the forms on the chart

10. The clinic nurse notes that the following several eye examinations, the physician has documented a diagnosis of legal blindness in the client's chart. The nurse reviews the results of the Snellen's chart test expecting to note which of the following?

20/20 vision

20/60 vision

20/200 vision

--->> 20/40 vision

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