

institutions for:  
Voluntary Surgical Contraception (VSC)

[NSC501] Which of the following phrases explain the pica appropriately?  
Craving for certain foods and unnatural substances

[NSC501] When the fundal height is at the level of the xiphisternum, it shows that the gestational age of the woman is \_\_\_\_ weeks  
36

[NSC501] Kangaroo mother care is an effective way to meet the baby's need for:  
All of the above

[NSC501] A pregnant woman in labour is encouraged to empty her bladder in order to ensure good descent of the head every \_\_\_\_\_ hours  
2

[NSC501] The anti-shock garment is divided in \_\_\_\_ segments  
3

[NSC501] Emergency contraception is taken within \_\_\_\_\_ hours after an unprotected sexual intercourse  
72

[NSC501] Using billings ovulation method, which of the options below is most useful in determining ovulation?  
Cervical mucus

[NSC501] What is the priority Nursing action immediately after birth?  
Assess infant Apgar score

[NSC501] What is the duration of intrauterine contraceptive device after insertion?  
5 years

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