

Social, psychological and physiological

[KHE208] _____ are life-sustaining macronutrients which act to build body cells and other tissues to maintain shape and function.

Proteins

[KHE208] A _____ is proportional to the pleasure someone experiences when eating a particular food.

Palatability

[KHE208] _____ has been found to be the most satiating

Proteins

[KHE208] _____ have greater tendency to consume unbalanced diets and in particular have low intakes of fruit and vegetables

Low-income groups

[KHE208] _____ is a sort of diseases wherein lack of food or excess food causes the disorder.

Nutrition deficiency

[KHE208] Accessibility to shops is an important physical factor influencing food selection, which is dependent on resources such as _____ and _____

Transport and geographical location

[KHE208] Food selection is determined by the state of an individual. Some of these conditions are _____ and _____

Pregnant and lactating mothers

[KHE208] Eating behaviour, unlike many other biological functions, is often subject to sophisticated _____ control

Cognitive

[KHE208] Low energy density diets generate greater _____ than high energy density diets.

Satiety

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