

human society.
Earliest

[KHE202] Students' involvement in sports and other types of physical fitness gives a form of _____ stress relief

[KHE202] The father of modern physical education as we know it today is Friedrich Ludwig Jahn

[KHE202] The first degree-awarding institution for physical education in Nigeria was located in Nsukka

[KHE202] Aside Physical activities, physical education also educate the public about the _____ effect that physical activities has on the body
Biological

[KHE202] The sub-discipline under sport that involves inefficiency of motion is Sport Biomechanics

[KHE202] Which of the following is not captured under the Target Audience Attributes, as a principle for selecting teaching aids
Learners' complexion

[KHE202] During the nineteenth century, the first gymnastic school for children was established in _____
Germany

[KHE202] The Powell College of Physical and Health Education was the _____ degree-awarding institution for physical education in Nigeria
1st

[KHE202] The following are teaching methods in physical education except _____
TAGA

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