

that promote wellness.
true

[HED103] Why do you think health occupies a central stage in the lives of people in the society?

All the options

[HED103] According to Green and Ottoson (1999), a community was defined as
“a group of inhabitants living in a somewhat localised area under the same
general
false

[HED103] The following are the pillars of health promotion except
none of the options

[HED103] Community Health refers to the health status of a defined group of people
and the actions and conditions put in place, both private(individual/communal and
true

[HED103] A strategic process that is put in place to improve health conditions of the
citizens could be referred to as
All the options

[HED103] There are pillars of health promotion
three

[HED103] Why is health education necessary for individuals in society?
Health education generally promotes healthy living among people in society.

[HED103] The most effective method of communication in health education is
two-way

[HED103] Health literacy is educating people to acquire knowledge, skills and
information to make healthy choices
true

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