

Which part of the body helps to maintain equilibrium  
The ear

The position of the body while sitting, standing or walking is referred to as  
Posture

Recreation is done during  
Leisure hours

All of these are characteristics of recreation except  
For survival

Wear sun glasses to protect the eyes from  
Sun Rays

What serves as the channel for knowledge and education  
The eyes

Recreation brings people of common interest together and therefore provide a good  
avenue for  
Social interaction

One of these is not a characteristic of a good sitting posture  
Feet does not rest flat on the floor

Pediculosis is another name for  
Head lice

One of the following is among the functions of the eye  
Protection and defence

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