

when materials are not related to pupils intellectual and physiological capacities

[PED271] Who is the author that described health as a means to an end and not an end in itself  
Udoh (1993)

[PED271] Physical education is one of the several components of the general school curriculum

[PED271] Activities performed by an individual during hours when he or she is not at work is known as what  
recreation

[PED271] One of these statements is pertinent to good study habits  
formation of study group

[PED271] Define instructional activity  
medium through which individuals acquire formal knowledge in physical education

[PED271] Etsey, Amedahe and Edjah pointed that some factors can contribute to poor academic achievement of pupils in physical and health education in what year  
2004

[PED271] Physical education can contribute to the mental, physical and what  
Emotional wellbeing of an individual

[PED271] Education that helps to teach people on how to utilise leisure hours in a useful or constructive way is called what?  
recreation

[PED271] when home environment is not conducive to growth development and learning, this will cause what  
negative effect on academic achievement of the pupils

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