

300m

[KHE106] Events requiring explosive bursts of speed over short distance is called Sprints

[KHE106] The athlete with the highest speed record in sprint up till 2020 is Usman Bolt

[KHE106] Examples of track events includes Sprints and middle distance races

[KHE106] How many lanes does a standard olympic size field contains  
6 or 8 lanes

[KHE106] Athletic event that requires running, jumping and throwing of objects are called field events

[KHE106] Sprints are run on track that measures  
1.22

[KHE106] The final stage of team sports where members complete task in an interdependence and cohesive manner is called Performing

[KHE106] Shot put is held with the base of the fingers

[KHE106] Athletic events done on lanes or roads is called Track Events

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