

The British

[KHE101] One of these is NOT part of the objectives of Human Kinetics
Anatomy Development Objective

[KHE101] Which of these may hinder the achievement of Human Kinetics
Objectives?
A and C

[KHE101] Which of the objectives make the body develop strength and flexibility
Physical

[KHE101] _____ is also known as Plus Factor
Affective Development Objective

[KHE101] _____ are those movements that form the foundation of sport activities
Developmental Skills

[KHE101] Human kinetics is a discipline that benefits _____
Everybody

[KHE101] The form of physical activity that is usually competitive is what?
Sports

[KHE101] _____ is an intentional, voluntary movement of the whole body or
part of it, directed toward achieving an identifiable goal.
Physical Activity

[KHE101] What is the focus of human Kinetics?
Physical Activity

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